

Astrology : the Science of Mind

Kerrie Redgate

Any system of astrology, when applied by skilled professionals, has never ceased to amaze and fascinate in the accuracy of its content, for *whatever* purpose. However, there is much more to this science (and, indeed, *art*) than generally meets the eye. As an exemplary Science of Mind, astrology will always be a work in progress while it evolves alongside advances in human consciousness.

A birth chart can be read at any level of awareness, depending on the capacities of both the astrologer and the client. The cosmic energies involved do not determine our level of consciousness, but simply tease us to acquire a higher expression of their potential through our own efforts. The astrologer must therefore become the *guide* in this process.

It was in the pursuit of the understanding of Mind at every level that my research began into the spiritual dimension of the astrology chart. While working with clients to help clear their deeply unconscious self-sabotage patterns, I stumbled upon some astonishing correlations between facets of Western astrology and Tibetan Buddhist psychology—a system offering deeper insights into the nature of reality itself, which is beyond the scope of our Western approach to psychological analysis.

Buddhist psychology made its first appearance in the 6th century BCE, due to the brilliant revelations of Siddhartha Gautama (an enlightened man who became the historical Buddha—*buddha* meaning “the awakened one”), and has been painstakingly systemised and refined by especially Tibetan meditators and scholars over the last one thousand years.

This, then, began a huge (and laborious!) study for me that led ultimately to my unique research regarding the spiritual dynamics of the eight mysterious Transneptunian planets, discovered by two German astrologers, Alfred Witte and Friedrich Siegrün, in the 1920s, and still largely ignored by most astrologers, and certainly by astronomers, to this day.

These “invisible planets” can now be appreciated as vital keys for *spiritual* analysis within the chart.

As my work progressed, and as the needs of my clients demanded more from me within a healing capacity, I found myself engaged in the discovery of many astrological associations within many fields of study.

This had finally presented me with the daunting task of researching and writing a comprehensive book, “Astrology and the Seventh Veil: The Science of Mind and the Bodhisattva Path to Compassion and Liberation”, a fusion of Western astrology with Yogacara Buddhist psychology, elements of cosmology, physics and brain-science, and the fundamentals of Tibetan Medicine and Traditional Chinese Medicine, accompanied by my work with the newly-discovered ancient art of Flower Essence Therapy (an indispensable tool for continued support for clients in maintaining the new perspectives gained from the astrological sessions).

I have also included an Appendix on the scientific explanations for the differences in the Sidereal and Tropical zodiac systems, hopefully ending a long-held debate between astrologers principally of the East and West. This does not disqualify the Sidereal system (as all systems have their purpose), but places the Tropical zodiac, and astrology generally, on a more scientific footing.

I became interested in exploring the meridian structure of the human energetic field through encountering the remarkable expertise of my acupuncturist who could quickly check my pulses and give me precisely the same psychological and spiritual information regarding my condition that I could glean from my astrological chart! He was reading from the matter principle (my pulses) upwards. I was reading from the spiritual principle (the cosmos) downwards.

I then discovered valid correlations

between planetary energies and the meridian system used in Traditional Chinese Medicine, Shiatsu therapy, and Tibetan Medicine, as well as the reflections of the three humours (expressions of the psychological *Three Poisons*) analysed in Tibetan Medicine. The traditional medical systems of the East have never been limited to only physical manifestation, but have necessarily incorporated an exploration of the mind at the emotional and spiritual levels, being a more holistic approach.

Further insights became evident as I included more and more asteroids in my work with clients. The many thousands of these orbiting rock-bodies, now available for astrological interpretation, have unfortunately startled many traditional astrologers, who fear they may represent far too much extra work. However, the rewards are *tremendous!*

When used with discernment (and very tight aspects), the asteroids provide the “body text” for the birth chart, filling in the details on the planets and sensitive points. This is a more precise method, and has a validating effect on the information presented to the client.

Astronomers are presently naming asteroids for not only mythological themes (from every culture on Earth), but also for places (both ancient and modern), famous individuals (contemporary and historical), cultural and religious themes, concepts, and even organizations (such as *United Nations!*).

Although, it must be said, *not every asteroid is resonating in every chart*. It takes skill and technique to find the ones that are relevant for each birth chart. The client will always respond to their emphasis, as their personal story is unfolded.

I have been using asteroids in my clients' birth charts since the late 1980s, especially to gain specific past-life information relevant to both the self-sabotage processes (sometimes presenting as diseases) within my clients and their life purpose direction for this incarnation. With the help of other therapists — both psychic and scientific — I have been

able to ascertain the validity of the information offered by the asteroids.

This research would not have been possible without the incredible effort of US astrologer, Jacob Schwartz, in compiling many thousands of asteroids into alphabetical listings in his book “The Asteroid Name Encyclopedia”, with comments included on the original purpose behind their individual names.

Many astrological software programs are currently available for asteroid research. Esoteric Technologies have now developed an optional *Asteroid Add-On* calculation and user-categorisation CD, incorporating the *Swiss Ephemeris* asteroid files from Astrodienst, and including some prepared category files by Adelaide astrologer Kevin Rilett, which works in concert with their *Solar Fire* chart calculation program.

A highly useful (and economical) Russian DOS asteroid program, *Phaethon*, by Albert Timashev, calculates all available asteroids for astrological work and has editing capabilities for research, so that valuable information you may discover on any particular asteroid will not be lost, once typed into the area at the bottom of the screen. By highlighting the asteroid with the cursor, at any time, the information reappears.

Mark Pottenger in the USA created the CCRS asteroid calculation software package, for DOS, Macintosh, and Amiga, and also sells asteroid files in smaller bundles (for the timid!). As with the *Swiss Ephemeris* files, his asteroid files can also be read by *Solar Fire*.

The calculation tools required for astrological work have never been more accessible as they are today, with most complex mathematical calculations taking fractions of a second to complete. For this reason, it has been my aim, through writing “Astrology’s Seventh Veil”, to stimulate professional healers of many persuasions, from the body-worker to the spiritual counsellor, to employ astrology as a diagnostic device at every level of mind and body (body being only an expression of mind), for greater clarity as to the purpose

behind the suffering of their clients and patients. Wisdom is the highest form of healing.

My efforts are also in the hope of bringing astrology into alignment with the other respected sciences, leading to a more universal appreciation of this most ancient of sciences as a bridge to all fields of energy analysis.

I remain very grateful for the firm foundations I had received from Garry Wiseman, who had developed a more positive and uplifting approach to astrology, whereby

the fixed labels often encountered in even Jungian-style astrological analysis were instantly dissolved by more spiritual insights and personal empowerment. This focus has stayed with me over the expanse of years to the present time.

“Astrology and the Seventh Veil” has been many years in the making, and is, alas, still not completed. However, an end is almost in sight. Perhaps the huge delay in its appearance has been due to my own “relentless density” in the sluggish awakening of my own consciousness.

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For further information on Kerrie’s work, including a synopsis of her book, see her website: [www.kerrie-redgate.com](http://www.kerrie-redgate.com)  
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Resources:

Esoteric Technologies [www.esotech.com.au](http://www.esotech.com.au)

Swiss Ephemeris at Astrodienst [www.astro.com/swisseph](http://www.astro.com/swisseph)

Phaethon asteroid program – Albert Timashev [www.astrologer.ru](http://www.astrologer.ru)

CCRS asteroid program - Mark Pottenger email: [markpott@pacbell.net](mailto:markpott@pacbell.net)

Minor Planet Centre: <http://cfa-www.harvard.edu/iau/mpc.html>  
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2009 Note of Interest:

This article was originally written at the invitation of the now late Ray Webb (1928-2008) for his **Astrological Monthly Review** magazine, to assist me with the emergence from my cocoon of writing in the Southern Highlands of NSW Australia, and Canberra. Ray had suggested I write something on my forthcoming book.

Ray Webb was always interested in promoting local Australian astrologers of all persuasions, and dedicated a large portion of his life to the promotion of astrology generally. His long-standing magazine, spanning decades, was essentially a one-man-show.

In putting this article together, I had reworked excerpts from the Introduction of my forthcoming book '**Astrology and the Seventh Veil: The Science of Mind and the Bodhisattva Path to Compassion and Liberation**'.

